QPID Snack Guidelines

Thank you for volunteering to prepare bagged snacks for clients residing at Cornerstones’ QPID (Quarantine, Protection, Isolation, and Decompression) facilities! Please review this information to guide your snack bag preparation.

Thanks to emergency state funding, Fairfax County has opened temporary QPID (Quarantine, Protection, Isolation, and Decompression) facilities in designated regional hotels. This new program allows our Shelter families and individuals who are at high-risk, have been exposed, or tested positive to COVID-19, to safely isolate. While meals for the QPID facilities are contracted, snacks are not provided. We need donations of non-perishable items, similar to what we typically offer in our bagged lunches and after school snack bags.

**Snack Bag Content Suggestions (please pick one or more from each category):**

- **Fruit** – fruit cup (please provide plastic spoon and napkin)
- **Snack** – granola bar, microwavable popcorn, crackers, chips (individual size)
- **Drink** – bottled water, juice box
- All in a paper or Ziplock bag

**We do not have refrigeration space for the snack bags so please only pack items that are fine at room temperature**

**Snack Bag Drop-Off:**

**When:** Every Thursday from 10:00 AM – 2:00 PM

**Where:** Embry Rucker Community Shelter, 11975 Bowman Towne Drive, Reston, VA 20190

**How:** Food can be transported around to the back door (through the parking lot and to the right). You will see a canopy and table set up for no-contact food drop-off. Please knock on the kitchen door or call (703) 437-1975 to ensure that the food is brought in. Please be sure to label and specify that your donation is for the QPID sites.

**Questions?** Contact Adrian Chadwell, Coordinator, Volunteer and Community Engagement, at adrian.chadwell@cornerstonesva.org or (571) 323-3675.