## Site Needs List

The neighborhoods that RestON works in are inclusive of and primarily made up of low-income immigrant families or families of color. Across the 5 neighborhoods there are over 770 units most of which are government subsidized in some way. The neighborhoods are Crescent Apts., Cedar Ridge Apts., Westglade Apts., Island Walk and Stonegate Apts.

For further information, please email Toni Francis-Bowie: toni.francis-bowie@cornerstonesva.org

<table>
<thead>
<tr>
<th>Site</th>
<th>Top site needs</th>
<th>Why we could use some help</th>
<th>Resource Needs</th>
</tr>
</thead>
</table>
| Crescent   | 1. ESOL                         | ESOL classes are hosted at no cost, at Crescent, and these classes are accessible to anyone who wants to improve their English language skills. Currently we don’t have volunteers to continue running these classes with the result that adult learners who live in this neighborhood are left without this important resource. | **Volunteer Needs:** 2-4 consistent volunteers to restart ESOL classes at Crescent  
- Ideally classes run 2x a week  
- # of hours per event: 2  
- # of events per month: 8  
- Specific start and end times for these events: 6pm-8pm |
|            | 2. On-site computer skills classes | On average we have 15-20 residents a month seeking computer support from our full-time staff person. Having a dedicated computer class to upskill residents would not only provide them an opportunity to increase their capacity to complete computer related work themselves, but would also set them up to apply for much needed work opportunities online. We have a room/space to host this class, but we currently have no computers in this room, and 2 computers in the staff office that residents use as needed. | **Volunteer Needs:** A computer skills trainer volunteer and curriculum:  
- Basic computer skills, typing, how to navigate the internet and social media safely, a tutorial for how to utilize all the tools your smartphone has to offer.  
- # of computer classes a month: Bi-Weekly  
- # of hours per class: 1-2 depending on material  
- Time of day – day classes, early to midafternoon. Most residents with the greatest need for basic computer skills are stay at home parents. |
<table>
<thead>
<tr>
<th>Top site needs</th>
<th>Why we could use some help</th>
<th>Resource Needs</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Westglade</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1. Laptops</td>
<td>Few families, including school-aged children and youth at Westglade own a personal computer and therefore rely on access to publically available computers at the Westglade neighborhood center to browse the internet, engage in research or complete school or work projects. More computers at the center would mean internet/computer access for a greater number of residents and potentially the opportunity to run computer classes at this site.</td>
<td><strong>Donation Needs:</strong> 8-12 Laptops</td>
</tr>
<tr>
<td></td>
<td>And/or personal laptop donations for school aged children and youth</td>
<td></td>
</tr>
</tbody>
</table>
| 2. Afterschool program | Westglade has over 20 children and youth who are currently in need of afterschool educational support that would extend their school-based learning. Many of these children and youth come from homes where English is not the first language and could benefit from additional tutelage after the school hour. | **Volunteer Needs:** Volunteer group (at least 4 individuals) to run an afterschool program for children and youth Gr 2-high school:  
- 3 days/week  
- 3hrs per session  
- Established curriculum  
- Duration: FCPS school year |
|                | **Donation Needs:** Snacks (ex: juice boxes, fruit, sandwiches, granola bars) |                |

**3. Homework Help**  
Crescent has a homework help program for elementary and middle school students, but needs more volunteers to help support the program.

**Volunteer Needs:** 3-4 volunteers needed to help a small group of children with their math, reading, spelling and etc.  
Specific days and times: Mondays and Wednesdays at 4pm-6pm

**Donation Needs:** 1 printer/scanner for resident use and upkeep support
<table>
<thead>
<tr>
<th>Top site needs</th>
<th>Why we could use some help</th>
<th>Volunteer Needs</th>
</tr>
</thead>
</table>
| **Cedar Ridge** | 1. Volunteer sewing instructor | There is an identified group of interested residents who are looking to be trained in sewing, and several of them have the goal of utilizing this new skills set to start their own sewing/tailoring businesses | 1-2 consistent sewing instructors:  
- 2-3hrs per session  
- Once a week  
- Duration to be determined in consultation with instructor but should allow for a defined training curriculum |
| 2. ESOL | ESOL classes are hosted at no cost, at Cedar Ridge and these classes are accessible to anyone who wants to improve their English language skills. Currently we don’t have volunteers to continue running these classes. | 1-2 consistent volunteers to restart ESOL classes.  
Specific days and times: Tuesdays at 7:00pm-8:30pm or 7:30pm-8:00pm |
| **Stonegate** | 1. Volunteers to support students after school (Tutoring/Safe Place) | Almost 98% of the residents here are from immigrant communities or communities of color. There is currently no programming at this site to benefit parents, individuals or children, but the need is great. We are looking for tutoring support after school for CAY in the areas of English, Math and Science (and beyond). Students would need to bring their own text books and materials. Supplies are available at Stonegate (lined paper, pens, and pencils) along with three computers with internet access that will be accessible to volunteers and students. | 3-4 consistent volunteer tutors:  
- 2-3 hrs per session  
- Twice a week (Tuesdays, Wednesdays, Thursdays)  
- Clients are middle school students  
- During the FCPS school year (Sep-May) |
| 2. Daytime Family Engagement programs (Reading Program, Toddler Program, Craft/Skill) | Our families seek opportunities to engage their children in learning and play. We currently don’t have any programming at this site for parents, and their children | Daytime reading program facilitator:  
- Once a week  
- 1 ½ hrs a session |
### Building Program for Adults, Babysitting Co-op

and our site could greatly benefit from facilitated programs.

For example, a daytime reading program could support parents and their children in building basic reading skills. We have a number of parents who need support reading in the English language. This would help parents be able to read to their own children, as well as the materials sent from the schools and property management here at Stonegate.

- During the day
- Duration: two month period during the Fall and two month period during Winter/Spring

| 3. | Donated Store Items (Diapers, Daily Living, Small Appliances, Food etc.) | Our residents are always dropping in to the site where we have 1 full time staff resource person, seeking donated items. These items would benefit over 400 low-income residents. | Donation Needs: Donated Store Items (Diapers, Daily Living, Small Appliances, Food etc.) |
| 4. | Fun activities for kids in the center (example: Foosball Table, Ping Pong, TV, BlueRay Wii, Game System, Computer/Laptops with Office Programs, Printers/Scanners) | We would like to increase the opportunities to build community and resident relationships at Stonegate, and we recognize that having necessary equipment for learning and play would facilitate this outcome. As a result we’re looking for donations of equipment and others to enable this. | Donation Needs: Foosball Table, 2 TVs BlueRay, WiiGame System, 10-12 Computer/Laptops with Office Programs, 2 Printers/Scanners and maintenance support |
| 5. | Mindfulness Class for Adults | Adult residents at Stonegate Apartments could benefit from attending a weekly class where mindfulness, breathing, and stress relief techniques are utilized. | |
| 6. | Room conversion | To follow on the parenting course- Mind in Making (MITM)- that was hosted in the spring at Stonegate, we would like to convert one of the center’s rooms to a MITM room that would be open to Stonegate residents, and offer them a space to engage in activities (reading, play etc.) with their children that build their child’s executive function life skills: focus, working memory, cognitive flexibility, inhibitory control, reflecting, analyzing, planning and evaluating. | Donation Needs: $2000 donation – would cover the cost of consulting a MITM expert to design the room, and buying resources. Alternatively, we would welcome the pro bono services of a design consultant. |

<table>
<thead>
<tr>
<th>Top site needs</th>
<th>Why we could use some help</th>
<th>Resource Needs</th>
</tr>
</thead>
<tbody>
<tr>
<td>Island Walk</td>
<td>Pending</td>
<td></td>
</tr>
</tbody>
</table>