## West Glade August

**Citizenship Class Tuesdays from 11am-2pm. FREE!** Prepare for the US Citizenship Exam, improve your English and learn about the USA. Location: 11150 Sunset Hills Road #210, Reston.

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<th>Sunday</th>
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<td><strong>1</strong> Office Hours 12:00-3:00pm</td>
<td><strong>2</strong> Office Hours 12:00-3:00pm</td>
<td><strong>3</strong> Office Hours 12:00-3:00pm</td>
<td><strong>4</strong> Wellness Support Appointments Available</td>
<td><strong>5</strong> Office Closed</td>
<td><strong>6</strong> Reston Farmers Market 8am-12pm Every Saturday!</td>
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<td><strong>7</strong> Office Hours 12:00-3:00pm</td>
<td><strong>8</strong> Office Closed No Programming</td>
<td><strong>9</strong> Office Hours 12:00-3:00pm</td>
<td><strong>10</strong> Office Hours 3:00-5:00pm</td>
<td><strong>11</strong> Wellness Support Appointments Available</td>
<td><strong>12</strong> Office Hours 12:00-3:00pm</td>
<td><strong>13</strong> Mobile Marketplace at SGC 10-12pm 7:00pm</td>
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<td><strong>18</strong> Wellness Support Appointments Available</td>
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<td><strong>23</strong> Office Hours 3:00-5:00pm</td>
<td><strong>24</strong> Lake Audobon</td>
<td><strong>25</strong> Wellness Support Appointments Available</td>
<td><strong>26</strong> Office Hours 12:00-3:00pm</td>
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<td><strong>29</strong> Cornerstones YLC Youth Leadership Council</td>
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**August 16th 4:00-7:00pm Westglade Clubhouse**
**Welcome to West Glade Community Services!**

WEST GLADE Community Services- through collaborative efforts with Cornerstones, the mission of the West Glade Resident Services is prevention-focused, involving families and other community members in strengthening families and assisting them in developing self-sufficiency skills and effective networks of support. For more information: please contact Terrance D. Stroman III, the Program Coordinator/Advocate 571.323.1434 or terrance.stroman@cornerstonesva.org or Betsy Elizabeth Doud, Community Services Manager at 571.323.9586 or betsy.doud@cornerstonesva.org

TTY 571.323.9555

Weather Hotline
571.323.1425

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### Office Hours at West Glade
An opportunity for the community to stop by with questions, gather information about community resources and referrals, let us know if your having a problem, or just come and spend time in the lounge area. Various hours throughout the month. Ask about our new Wellness Support Program to help you meet your goals.

### SNAP at Reston Farmers Market
– SNAP beneficiaries can use their EBT cards at the Reston Farmers Market each Saturday of the month. With Cornerstones’ Matching Dollars, you can get up to $20 free to spend at the Market! See the SNAP booth at Lake Anne Plaza, 11404 Washington Plaza, 8-12 noon.

### Summer Lunch
at West Glade Join us at the Clubhouse for a hot meal. Monday – Friday. 12:00 p.m. Must register. Contact Terrance D. Stroman III, the Program Coordinator/Advocate at (571) 323-1434 or terrance.stroman@cornerstonesva.org

### National Night Out/Communities Giving Back
enjoy an evening full of food, games, and fun at Westglade, while learning and engaging more in your community on August 2nd! For more information contact Terrance at terrance.stroman@cornerstonesva.org or call 571.323.1434.

### Pool Party at Lake Audubon
this party is open ONLY to Summer Excite participants and their families. Families are responsible for transportation to and from the party and parents MUST stay for the party: they may not drop-off and pick-up their children. For questions and more information, contact Terrance at terrance.stroman@cornerstonesva.org or call 571.323.1434

### Teen Lounge
Calling all teens you be asking for a time just for you here it is! Come take part in joint project for more information contact Terrance or stop by the community clubhouse.

### Baba-C
Bring your drum and join us in the courtyard at Stonegate for this amazing story-teller! Singing, drumming and ice-cream will be enjoyed by all! Please arrive by 3:45 p.m. as the performance will start promptly at 4:00 p.m. Location is 2244B Stonewheel Drive in Reston. For more information please call Allison DeGuzman-Nevalga at 571.323.1426

D.C. United
Join us for a trip to DC to see the DC United men’s soccer team. Parents drop-off your child at 4:30 p.m. at the Cornerstones office located on 11150 Sunset Hills Rd. in Reston and then taking the metro to RFK stadium. Pick-up time is 10:30 p.m. Program is open to Summer Excite! Participants in 5th grade and up. Signed permission slip forms are needed. For more information contact Terrance at 571-323-1434 or terrance.stroman@cornerstonesva.org

Potomac Nationals
6th Annual Night at the Ballpark Cornerstones has some free tickets for families. If you are interested please come to the clubhouse get more details from Terrance at 571-323-1434 or terrance.stroman@cornerstonesva.org

### Youth Leadership Institute
This institute is for our Youth Leadership council members if you want to get more information contact Terrance at 571-323-1434 or terrance.stroman@cornerstonesva.org

Free Produce at the Mobile Marketplace at Southgate Community Center sponsored by the Capital Area Food Bank Saturday, July 9th 10:00 am-12:00 noon.

### Youth Leadership Council
Meeting will be at Cornerstones main office on TBD, If you have been selected plan to attend and if you would like to know about being a part of this special group stop by the clubhouse for details. Contact Terrance at 571-323-1434 or terrance.stroman@cornerstonesva.org

### Wellness Support Appointment Hours:
Wellness Support is an opportunity for community members to receive individual support or gather information from the Program Coordinator/Advocate about community resources, to create an action plan on goal achievement, and to generally discuss any problems. Come see Terrance during Office Hours or make an appointment – for more information, call 571.323.1434.

### Residents’ Meeting
Come and have your voice heard about thoughts, issues, concerns or ideas you think would be good for the community. Good opportunity to get involved in the community by volunteering, providing feedback for programs, etc. (No Meeting scheduled for August)!

*Also, registration/intake forms will be needed for youth to attend all programming this fiscal year and going forward.*